



Caffeine May Increase Risk for Inherited Glaucoma



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A study from the UK found a link between glaucoma and caffeine – but only for those with a genetic predisposition for the disease.

Researchers found that greater caffeine consumption was associated with higher IOP and higher glaucoma prevalence but only for participants with the strongest genetic predisposition to elevated IOP.

While further study is needed, they suggest that people with a parent or sibling diagnosed with glaucoma consider limiting their caffeine consumption.

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