



## **Higher Rate of Falls in Older Adults with Glaucoma**

A recent study found that older adults with glaucoma have a higher rate of falling than their peers without glaucoma. This often contributes to a heightened fear of falling which can lead to avoidance of at-risk activities, reducing quality of life.



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Researchers suggest using patient education, interventions, and appropriate referrals to minimize falls and the fear of falling. This will lower the rate of injuries in older glaucoma patients and improve their emotional and social well-being.

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