



**GLAUCOMA RESEARCH SOCIETY of CANADA**

*We Support New Ideas*

### **Iron Overload Raises Glaucoma Risk**



Photo courtesy of Karola G, pexels.com

A large international study found that people with excess iron in the body were more likely to develop ocular hypertension and primary open-angle glaucoma. The findings suggest that managing iron levels may help reduce glaucoma risk and that iron imbalance is a potentially modifiable factor in eye health.

*Translational Vision Science & Technology, December 2025*